

Drinking Water Filter Systems Do We Really Need Them?

By Lauren Leddy

How good is the quality of your drinking water system? The quality of water has been making a lot of news lately. With so many different types of bottled water being discussed as unhealthy or slightly contaminated, people are concerned. In fact, water quality should be of great concern to everyone.

Your body is more water than any other element. Making sure that the water that you drink is free of impurities and unnecessary elements is part of making sure that you and your family stay as healthy as you possibly can.

Water quality has been found to be lower than normal in many places around the United States. In some cases it is due to mild pollutants, while in other cases it is due to additives placed in the system, such as chlorine.

You may even have a very high mineral content in your local water. Whatever the issue, the quality of your water can make a vast amount of difference in the quality of your life. Staying healthy means drinking plenty of water, but what if the quality of the water isn't the best? Can it impact your health? Absolutely. Low quality water can affect your overall health in many ways.

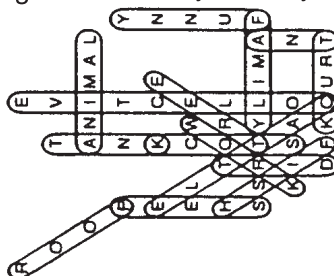
When we speak of the quality of our water, it doesn't apply merely to drinking water. The quality of water that you use can impact every activity of daily living. Impure water may cause problems whether you use it for drinking water, for bathing, for laundering your clothing, or for cooking. High amounts of additives or minerals in the water may even be skin irritants.

Whether your problem is iron or other elements in the soil, or unnecessary chemicals which have been added by municipal water services, each of these things can be removed by the right water filter system.

You will typically know that your water isn't as healthful and wholesome as you'd like it to be by several different means. You may notice a very odd taste, metallic in nature, or a strong smell. You might even notice particulates in the water. In many cases, iron in the water may manifest as actual particles that float in your water.

Any of these things can indicate the need for a drinking

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water filter system. A wide assortment of different filters are available for installing a drinking water filter system, as well as whole house filtration. These can include fiber filter types, carbon filters, reverse osmosis type filters, as well as distillation type filtration units.

When you have done some more research, I think you will find that while the reverse osmosis filters along with a granular carbon filter can be effective, they are often too expensive. Also, if you are serviced by a drinking water facility they are also unnecessary as they are doing the same job.

A better choice would be a drinking filter system that includes granular carbon and a solid carbon block. This type of two-step filter will remove 99.99% of all traces of chlorine as well as THMs. THMs are a known cancer risk.

Drinking water filter systems can range in price from just a very few dollars to many thousands of dollars. The price will, by and large, be dependent upon the type of system that you select, as well as whether the system filters just the drinking water or the whole house.

Today, many health care professionals are touting a drinking water filter system as a good way to assure that the quality of water that you get isn't less than it should be. Water filters can help to ensure that the water that you drink is pure and healthy, offering the kind of hydration that it should to you and your family.

About the Author: Lauren Leddy is a consumer advocate and a dedicated researcher of health related issues. Visit her website now at <http://www.safe-water-purifier.com> and discover what she has learned that will help you select the very best water filtration system for your home or office.

Differences:

1. Lamp is different,
2. TV dial is missing,
3. stairs are moved,
4. Pants are different,
5. Skate wheel is missing,
6. Frame is thinner